

# Lhasa Tibet Tour



## Trip Overview

Lhasa means "the Land of God" in the Tibetan language, which is the capital city of Tibet and the center of Tibet's political, economic, cultural, and religious activities. Lhasa is an ancient city with its time-honored 1,300 years' history. It was called 'Luosha' or 'Luoxie' which means 'dirt-delivering-by-sheep' in ancient times. It is said that Lhasa once was an area of low-lying marsh. To fill in the earth, Princess Wencheng from Tang Court used sheep to deliver dirt after she arrived at the place. Lhasa became the city's name in the 9 century. Lhasa city attracts thousands of visitors yearly from all over the world with its mysterious religion and culture. As the political, cultural, and religious development, all the structures such as Potala Palace, Jokhang Monastery, Sera Monastery, and Drepung Monastery were built one by one, which has formed Lhasa's old downtown. There are also many options to get to Lhasa from Kathmandu, and We the Khumbu alpine travel have been organizing this trip in two different routes as per the desires and requirements of our clients. Taking a flight to Lhasa from Kathmandu. There is at least 1 direct flight from Kathmandu to Lhasa every day (during peak tourist season, there are 2 flights). It takes around two hours to arrive in Lhasa, which is the quickest way to reach Tibet from Nepal.

## Trip Itinerary

- Day 1 - Arrival in Kathmandu and transfer to hotel
- Day 2 - Sightseeing in Kathmandu

- Day 3 - Flight to Lhasa and Transfer to Hotel
- Day 4 - Lhasa Visit (Potala Palace, Jokhang Temple, Barkhor Street)
- Day 5 - Lhasa Visit (Drepung Monastery, Norbulingka, Sera Monastery)
- Day 6 - Trip to Namtso Lake
- Day 8 - Transfer to Airport for departure flight to Kathmandu
- Day 9 - Transfer to Airport for final departure

## **Cost Includes & Excludes**

### **Includes**

- Arrival in Kathmandu and transfer to hotel
- Airport Pickup and all ground transportation
- Luxury Vehicle for all transportation
- Accommodation in 3 Star hotel in Kathmandu & Lhasa in BB Basis
- Tibet Travel permits and Chinese Visa
- Accommodation in 3 Star hotel in Kathmandu & Lhasa in BB Basis
- All Monasteries entry fee
- All meals during the trip
- First aid kit and Oxygen incase for emergency
- All applicable Taxes and charges
- Backup Vehicle and yaks for carrying luggage
- Expert English speaking Leader
- Well come and Farewell dinner

### **Excludes**

- Personal gears
- Nepal entry or re entry visa
- International Flights
- Any other meals and early return from the trip due to any reason than the scheduled itinerary
- Any rescue cost

- Tips for Guide and Staffs
- Personal Travel and rescue insurance
- Excess baggage charges
- Cost arisen from the natural disaster