

# Everest Basecamp Christmas & New Year Trek



## Trip Overview

This is the life time experience with trek to Everest Basecamp and celebrate the Christmas and New Year in the Himalayas. This trek starts after a spectacular panoramic flight to Lukla and enter into world heritage site listed Sagarmatha National Park. Our trip starts to follow the trail all the way to Everest Basecamp and after a spectacular view of mountains, you will get a chance to celebrate Christmas and New Year Eve in the Himalayas with friendly Sherpa people.

## Trip Itinerary

- Day 1 - Arrival in Kathmandu and transfer to hotel (1400 Mtr/4592 Ft)
- Day 2 - Sightseeing in Kathmandu
- Day 3 - Flight to Lukla (2840 Mtr/9315 Ft) and trek to Phakding (2610 Mtr/8560 Ft)
- Day 4 - Trek to Namche (3440 Mtr/11283 Ft)
- Day 5 - Trek to Khumjung (3790 Mtr/12431 Ft) via Khunde (3840 Mtr/12595 Ft)
- Day 6 - Trek to Phortse (3840 Mtr/12595 Ft)

- Day 7 - Trek to Dingboche(4410 Mtr/14465 Ft)
- Day 8 - Rest Day in Dingboche (4410 Mtr)and hike to Ngangkarsang Peak (5080 Mtr/16662 Ft)
- Day 9 - Trek to Lobuche(4930 Mtr/16170 Ft)
- Day 10 - Trek to Gorakshep ( 5160 Mtr/16925 Ft )and Day trip to Everest Basecamp(5365 Mtr/17597 Ft)
- Day 11 - To Kalapather( 5545 Mtr/18187 Ft and Trek to Pheriche(4240 Mtr/13907 Ft)
- Day 12 - Trek to Tyangboche (3860 Mtr/12660 Ft)
- Day 13 - Trek to Namche(3440 Mtr/11283 Ft)
- Day 14 - Trek to Phakding( 2610 Mtr/8560 Ft)
- Day 15 - Trek to Lukla (2840 Mtr/9315 Ft)
- Day 16 - Flight to Kathmandu
- Day 17 - Free time in Kathmandu for shopping
- Day 18 - Departure for homeland

## **Cost Includes & Excludes**

### **Includes**

- All airport/hotel pick ups and drops within Nepal
- Flight Fare for both way (KTM-LUA-KTM)
- All trekking permits , TIMS card,Government and local taxes for the trek
- All Meals (Breakfast , Lunch and Dinner ) During the trek
- All ground transportation on a comfortable vehicle as per the itinerary
- An experienced English speaking and government licensed trekking guide
- Porter Services(2 Trekkers : 1 Porter)
- Medical kit incase of Emergency
- Insurance for Nepali Staffs
- Sleeping Bag for the trek
- Welcome and farewell dinner
- Staffs Cost including their Salary, food , accomodation and equipments

## **Excludes**

- Nepal Visa Fee
- Personal Trekking gears
- International Flight fare
- Lunch and Dinner in the city , extra night accomodation in Kathmandu in case of early arrival or late departure and early return from the trek due to any reason than the scheduled itenerary
- Any rescue cost
- Tips for Guide and Staffs
- Personal Travel and rescue insurance
- Personal expenses as phone calls, laundry , Bar, Battery charge, extra porter, shower and bottled or boiled water
- Helicopter charter flight
- Excess baggage charges ( can be carried only 15 Kg including in Airfare)

## **Gears and equipment**

- Head
  - Warm Hat
  - Cap
  - Face Mask / Muffler
- Upper Body
  - Wind stopper/Waterproof Jacket
  - Down Jacket
  - Fleece Jacket/ trousers
  - Thermol
  - T-shirts
  - Woolen gloves/Water/wind proof gloves
- Lower Body
  - Trekking Trousers(light weight long Pant)
  - Underwear
  - wind stopper/waterproof Pant

Fleece or woolen pants

- Feet

Thin light/heavy poly or wool Socks  
Sandals  
Trekking Boot  
Gaiters  
Spare Shoes

- Feet

Thin light/heavy poly or wool Socks  
Sandals  
Trekking Boot  
Gaiters  
Spare Shoes

- Accessories

Medium Rucksack (50-70 Ltr)  
Small Day Pack  
Personal Medical Kit  
Chapstick/Sunscreen  
Water bottle  
Large Duffel bag  
Trekking Pole  
Spare batteries for Camera and Flash Light  
Hand Towel  
Head lamp with extra Batteries  
Sun Glasses with UV protection  
Suitcase (For stored in Kathmandu hotel for not needed items for trek)

## Faqs

### 1. Why to go trekking in Everest Basecamp in christmas time ?

*When you think Nepal, you will think of world's highest mountain of the world. Trekking to everest basecamp is one of the most popular and adventures trip in the world. Every year thousands of trekkers come to see Mount Everest and to get to basecamp of Mount Everest which is life time experience trip. Once in your life time, one should visit Everest basecamp and*

*see the Mount Everest. More than that the christmas trip to Everest basecamp is one of the life time memorable trip. We fix the schedule of christmas day while we reach in Everest basecamp and celebrate the Christmas in world highest place.*

**2. What is the best seasons to trekking in Everest Basecamp?**

*In Nepal, there are four different seasons such as Spring, Summer, Autumn and winter. Spring and Autumn are most popular for trekking in Nepal. But the best season of your travel might be differ as per your purpose and your suitable time for travelling in Nepal*

**3. What permit do I need for the Everest basecamp trek?**

*For trekking in the Everest Region, you need the following permits:  
Local Governments Entry fee instead of TIMS ( Trekking information management system):The local government is charging Rs 2000 per person in Lukla in the entrance of Everest Basecamp Trek.  
Sagarmatha National Park Entry Permit: To entry in the Sagarmatha National Park, One has to obtain the permit which cost Rs 3000+ government tax per head. the park that is home to the Mount Everest Region, you need to obtain an entry permit.*

**4. How safe is Everest basecamp trek?**

*Safety is our first concern. As we provide the experienced guides and leaders for the particular trip who are well trained about the high altitude sickness, first aid friendly attitude and ability to provide useful and important instructions. All our itineraries are designed with proper acclimatization days in order to reduce the risk of altitude sickness. In every group we provide the first aid kit bag incase of any injury and emergency.*

**5. How is the lodging and fooding facilities in EBC trek?**

*Along the trail to Everest basecamp, there are well faciliated lodges are available with various types of foods. We provide you three meals a day with your own choice. We always provide the seasonal fruits as well. We always book in lodges with well management and facilities. Rooms are very nice and attached toilet until Dingboche but at the time Christmas and newyear, the tempreture will be cold so rooms with attached bathroom may not be availabel. if you buy single supplementary package you will get single room.*

**6. What about the flight from Kathmandu-Lukla and vice versa?**

*Just about 25 minutes flight from Kathmandu takes us to Tenzing Hillary airstrip in Lukla. Normally in winter weather will be good but little windy.*

*Only in peak season flights are operated from Ramechhap but in less crowded time the flights are directly operated from Kathmandu. But sometime if the weather became bad and flights are cancelled, we will have a option to hire the helicopter charter flight which is doubled the cost of regular flight of aeroplane.*

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**8. Can I use the foreign currency and Credit cards on the way in any shop or Lodge?**

*You can pay by foreign currency as well, but the exchange rate will not be same as Kathmandu, so we recommend you to exchange the money in Kathmandu and take Nepalese Rupees. In mostly lodges they accept the credit cards but sometime due to internet problem it will not be 100% guarantee.*

**9. Is there any internet wifi facility on the way?**

*After your arrival in Kathmandu airport, we recommend to buy One ncell sim card. In Everest region until Panboche Ncell 4G works very well. Above Panboche there is good internet facility of Everest link. There are varieties of data cards as 10 GB, 20 GB. If you purchased bigger one it works all over the Khumbu and if you purchase 20 GB one it is enough for your whole trek and you can enjoy in social media, news and connect with your family friends and loved one.*

**10. What is the normal temperature during the Christmas and New Year trek?**

*The winter started already while we going for Christmas Everest Basecamp trek. Temperature goes below Minus early in the morning unless sunrise and night time. Normally in winter weather will always be good, so the day temperature will be fine. Above Lobuche will be much colder and Till Dingboche it will be fine.*