

Everest Base Camp Luxury Trek



Trip Overview

Everest Base Camp Luxury Lodge Trek is one of the inspirational and grandest treks in the world to explore many beautiful highest Himalayan ranges including the highest peak of the world Mt Everest with the great opportunity to stay in a luxury lodge in the Himalayas. The hike is a special occasion to observe some of the tallest mountains on the planet. The world's leading journey follows the same trail which was followed by Tenzing Norgay Sherpa and Edmund Hillary in 1953 on their expedition to Mount Everest. About two weeks of Everest Base camp luxury lodge trek gives chances to visit the sherpa country with amazing culture, customs, and hospitality of sherpa communities.

Trip Itinerary

- Day 1 - Arrival in Kathmandu and transfer to hotel (1400 Mtr/4592 Ft)
- Day 2 - Sightseeing in Kathmandu
- Day 3 - Flight to Lukla (2840 Mtr/9315 Ft) and trek to Monjo(2835 Mtr/9299 Ft)
- Day 4 - Trek to Namche(3440 Mtr/11283 Ft)

- Day 5 - Rest Day in Namche(3440 Mtr/11283 Ft)
- Day 6 - Trek to Everest View hotel(3963 Mtr/13000 Ft)
- Day 7 - Trek to Tashinga (3450 Mtr/11316 Ft)
- Day 8 - Trek to Deboche(3820 Mtr/12530 Ft)
- Day 9 - Trek to Pangboche(3930 Mtr/12890 Ft)
- Day 10 - Trek to Dingboche(4410 Mtr/14465 Ft)
- Day 11 - Rest Day in Dingboche /Hike up to Ngangkarsang Peak
- Day 12 - Trek to Lobuche(4930 Mtr/16170 Ft)
- Day 13 - Trek to Gorakshap (5140 Mtr/16925 Ft)and Day trip to EBC (5365 Mtr/17597 Ft)
- Day 14 - Trip to Kalapather (5545 Mtr/18187 Ft) ,Heli ride to Kathmandu (1400 Mtr)
- Day 15 - Free time in Kathmandu for shopping
- Day 16 - Departure for homeland

Cost Includes & Excludes

Includes

- All airport/hotel pick ups and drops within Nepal
- Flight Fare for both way (KTM-LUA-KTM)
- All trekking permits , TIMS card, Government and local taxes for the trek
- Staffs Cost including their Salary, food, accommodation and equipments
- Welcome and farewell dinner
- Sleeping Bag for the trek
- Insurance for Nepali Staffs
- Medical kit incase of Emergency
- Porter Services(2 Trekkers : 1 Porter)
- An experienced English speaking and government licensed trekking guide
- All ground transportation on a comfortable vehicle as per the itinerary
- 3 Star hotel accommodation in Kathmandu with breakfast
- All Meals (Breakfast , Lunch and Dinner) During the trek

Excludes

- Excess baggage charges (can be carried only 15 Kg including in Airfare)
- Helicopter charter flight
- Personal expenses as phone calls, laundry , Bar, Battery charge, extra porter, shower and bottled or boiled water
- Personal Travel and rescue insurance
- Tips for Guide and Staffs
- Any rescue cost
- Lunch and Dinner in the city , extra night accomodation in Kathmandu in case of early arrival or late departure and early return from the trek due to any reason than the scheduled itenerary
- International Flight fare
- Personal Trekking gears
- Nepal Visa Fee

Gears and equipment

- Head
 - Warm Hat
 - Cap
 - Face Mask / Muffler
- Upper Body
 - Wind stopper/Waterproof Jacket
 - Down Jacket
 - Fleece Jacket/ trousers
 - Thermol
 - T-shirts
 - Woolen gloves/Water/wind proof gloves
- Lower Body
 - Trekking Trousers(light weight long Pant)
 - Underwear

wind stopper/waterproof Paint
Fleece or woolen pants

- Feet

Thin Lightwear/heavy poly or wool Socks
Sandals
Trekking Boot
Gaiters
Spare Shoes

- Accessories

Medium Rucksack (50-70 Ltr)
Small Day Pack
Personal Medical Kit
Chapstick/Sunscreen
Water bottle
Large Duffel bag
Trekking Pole
Spare batteries for Camera and Flash Light
Hand Towel
Head lamp with extra Batteries
Sun Glasses with UV protection
Suitcase (For stored in Kathmandu hotel for not needed items for trek)

Faqs

1. What is the normal temperature in spring and Autumn season?

Spring season starts from March, but until third week of march temperature will still be cold even in day time. But actually temperature depends on weather, if weather is mild temperature ranges from 10-15 Degree Centigrade. If the weather is clear, days will be warm. After the April it will be warm with sunny weather. Especially in Morning and Evening time will be little cold.

Autumn season starts from September, September will still be warm even the weather is not good. From October normally in morning and evening will be cold.

2. Can I use the foreign currency and Credit cards on the way in any shop or Lodge?

You can pay by foreign currency as well, but the exchange rate will not be same as Kathmandu, so we recommend you to exchange the money in Kathmandu and take a nepalese Rupees. In mostly lodges they accept the credit cards but sometime due to internet problem it will not be 100% guarantee.

3. Is there any internet wifi facility on the way?

After your arrival in Kathmandu airport, we recommend to buy One ncell sim card. In everest region until panboche Ncell 4G works very well. Above Panboche there is good internet facility of Everest link. There are varieties of data cards as 10 GB, 20 GB. If you purchased bigger one it works all over the khumbu and if you purchase 20 GB one it is enough for your whole trek and you can enjoy in social media, news and connect with your family friends and loved one.

4. What about the flight from Kathmandu-Lukla and vice versa?

For this luxury trip we hire the helicopter flight for both way which is more comfortable and easy. The aeroplanes takes just 25 minutes to get to lukla from Kathmandu but the helicopter will take 45 minutes to get to lukla. When we coming back, The helicopter will land in Gorakshep after our morning Kalapathar trip and we will do the mountain flight to the gokyo valley then we will back to Kathmandu.

5. How is the lodging and fooding facilities in EBC trek?

In this luxury trek, you will be staying in one of the best hotel/resort in Everest region as Yeti Mountain home and Everest summit lodge till pangboche, above that 3 nights will be in superior lodges. Up to panboche you will be provided room with attached toilet and shower, foods are at your choice three meals a day as well as we provide the seasonal fruits.

6. How safe is Everest basecamp trek?

Safety is our first concern. As we provide the experienced guides and leaders for the particular trip who are well trained about the high altitude sickness, first aid friendly attitude and ability to provide useful and important instructions. All our itineraries are designed with proper acclimatization days in order to reduce the risk of altitude sickness. In every group we provide the first aid kit bag incase of any injury and emergency.

7. What permit do I need for the Everest basecamp trek?

For trekking in the Everest Region, you need the following permits:

Local Governments Entry fee instead of TIMS (Trekking information management system):The local government is charging Rs 2000 per person in Lukla in the entrance of Everest Basecamp Trek.

Sagarmatha National Park Entry Permit: To entry in the Sagarmatha National Park,One has to obtain the permit which cost Rs 3000+ government tax per head. the park that is home to the Mount Everest Region, you need to obtain an entry permit.

8. What is the best seasons to trekking in Everest Basecamp?

In Nepal, there are four different seasons such as Spring, Summer, Autumn and winter. Spring and Autumn are most popular for trekking in Nepal. But the best season of your travel might be differ as per your purpose and your suitable time for traveling in Nepal. You can read more about the most favorable seasons in our link below <http://www.khumbualpinetravel.com/nepal-travel-guide.html>

9. Why to go trekking in Everest Basecamp?

When you think Nepal, you will definitely think of world's highest mountain of the world. Trekking to Everest basecamp is one of the most popular and adventures trip in the world. Every year thousands of trekkers come to see Mount Everest and to get to basecamp of Mount Everest which is life time experience trip. Once in your life time, one should visit Everest basecamp and see the Mount Everest.